

Grosse Pointe Allergy and Asthma Center, P.C.

21300 Kelly Road
Eastpointe, MI 48021
(586) 447-4200

Wayne N. Pierantoni, M.D.
Reina O. Salazar, M.D.
Mark L. Decco, M.D.
Anne H. White, M.D.
M. Susan McMahon, N.P.
Joan M. O'Lear, N.P.

46591 Romeo Plank, Suite 111
Macomb, MI 48044
(586) 286-9200

ALLERGY EVALUATION

Your first visit to our office will begin with measurement of your height, weight, blood pressure, pulse and respiratory rate. A small amount of nasal mucous will be obtained for microscopic evaluation. A pulmonary function (breathing) test may also be performed. Your first visit may take up to 2-3 hours. Please remember to eat breakfast/lunch on the day of your visit.

Next, you and your doctor will discuss your medical history in detail. Questions will be asked regarding past and present allergy and/or asthma problems. Your current medications will be reviewed. Allergic exposure at home, work and/or school will be discussed. A physical examination will then be performed.

Based on the information gathered your doctor may feel it is appropriate to perform skin tests. These tests are used to test for suspected allergy. We use two types of tests.

SCRATCH TESTS are usually performed first. A small amount of liquid is introduced into the top layer of your skin by an applicator with several small plastic prongs. If the test is positive the site will develop a small "welt" and may itch similar to a mosquito bite. The number of scratch tests varies from a few to over 80 depending on the information needed.

INTRADERMAL TESTS are more sensitive and may reveal allergy not detected by the scratch testing. They involve injection of a very small amount of liquid just under the top skin layer. The number of intradermal tests performed is generally less than 12.

Certain medications, especially antihistamines, will interfere with skin testing.

BRING YOUR CURRENT MEDICATIONS WITH YOU FOR YOUR FIRST VISIT

If your list of medications is extensive, please bring a list of all current medications including the dosage and how many times a day you take each medication.

STOP THESE MEDICATIONS AT LEAST SEVEN (7) DAYS PRIOR TO INITIAL OFFICE VISIT:

ACRIVASTINE	CLARITIN D	RU-TUSS
ACTIFED	CONTAC	RYNATAN
ALAVERT	CORICIDIN	RYNATUSS
ALLEGRA	CYPROHEPTADINE	SEMPREX-D
ALLEGRA-D	DIMETAPP	SINUTAB
ALLEREST	DIPHENHYDRAMINE	SUDAPHED PLUS
ALLEREX	DRAMAMINE	TAVIST
ANTIVERT	DURADRYL	TRIAMINIC*
ASTELIN	EXTENDRYL	TRINALIN
ATARAX (HYDROXYZINE)	KRONOFED-A	TRIPROLINE
ATROHIST	KRONOFED-A JR.	TUSSAR
BENADRYL	NALDECON	TUSSIONEX
BROMPHED	NOLAMINE	TYLENOL*
BROMPHENIRAMINE	NYQUIL	VISTARIL
CHOR-TRIMETON	PERIACTIN	ZYRTEC (CETIRIZINE)
CHLORPHENIRAMINE	PHENERGAN	ZYRTEC-D
CLARINEX	POLARAMINE	
CLARITIN (LORATADINE)	RONDEC	

*CHECK INDIVIDUAL COLD/ALLERGY PREPARATIONS FOR ANTIHISTAMINE CONTENT.

The above list of antihistamine containing medications is as complete as possible, however new medications are frequently being introduced. If you are not sure whether your current medication contains an antihistamine, please call your doctor or our office.

PLEASE CONTINUE ALL OTHER MEDICATIONS.